



# Kim's Taekwondo Center

The Leading Provider of Martial Arts in the Research Triangle

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>KIMS TKD CENTER, WE TEACH MARTIAL ARTS AS LIFE PHILOSOPHY, NOT JUST AS SPORT</b>						
<b>10:00-10:40AM</b>						<b>ALL BELTS</b> Kids, Teens, Adults 7YRS +
<b>4:40-5:10PM</b>	<b>YOUNG TIGERS</b> 5&6YRS	<b>TRIAL LESSON</b> PRIVATE LESSON *BY APPOINTMENT	<b>ALL TIGERS</b> 3-6YRS	<b>TRIAL LESSON</b> PRIVATE LESSON *BY APPOINTMENT	<b>TRIAL LESSON</b> PRIVATE LESSON *BY APPOINTMENT	<b>11:00-11:30AM</b> <b>ALL TIGERS</b> 3-6YRS
<b>5:30-6:10PM</b>	<b>WHITE - YELLOW BELT</b> Kids, Teens, Adults 7YRS +	<b>LEADERSHIP</b> <b>BLACK BELT</b> *BY INVITE	<b>WHITE- GREEN BELT</b> Kids, Teens, Adults 7YRS +	<b>5:30-6:00PM</b> <b>YOUNG TIGERS</b> 5&6YRS	<b>ALL BELTS</b> Kids, Teens, Adults 7YRS +	<b>11:45AM-12:40PM</b> <b>DEMO TEAM</b> *BY MEMBERSHIP
<b>6:25-7:05PM</b>	<b>GREEN - RED BELT</b> Kids, Teens, Adults 7YRS+	<b>ALL BELTS</b> Kids, Teens, Adults 7YRS+	<b>ALL BELTS</b> Kids, Teens, Adults 7YRS+	<b>ALL BELTS</b> Kids, Teens, Adults 7YRS+	<b>HP POOMSAE TEAM</b> *BY MEMBERSHIP	<b>12:50-1:20PM</b> <b>TRIAL LESSON</b> <b>PRIVATE LESSON</b> *BY APPOINTMENT
<b>7:20-8:00PM</b>	<b>DEPUTY-BLACK BELT</b>	<b>TEENS &amp; ADULTS</b> 13YRS +	<b>TRIAL LESSON</b> PRIVATE LESSON *BY APPOINTMENT	<b>DEPUTY-BLACK BELT</b>	<b>BLACK BELT PREP</b> *BY INVITE	<b>1:30-2:45PM</b> <b>BIRTHDAY PARTIES</b> *BY RESERVATION
<b>KTC STUDENT COMMITMENTS</b>		<b>WEEKLY TOPICS</b>			<b>PARENT &amp; STUDENT INFO</b>	
<ol style="list-style-type: none"> <li>1. I will be loyal to my country</li> <li>2. I will honor my parents</li> <li>3. I will love my family and cooperate with them</li> <li>4. I will be faithful to my friends</li> <li>5. I will respect my elders and care for my juniors</li> <li>6. I will establish positive relationships with my teachers</li> <li>7. I will treat all living things with care</li> <li>8. I will never seek advantage of those who are weaker</li> <li>9. I will only use Tae Kwon-Do to benefit myself and others</li> <li>10. I will always finish what I start, SIR</li> </ol>		<p>Week 1: Sparring Week (Yellow &amp; Up Safety Gear is Mandatory)            Week 2: Forms Week            Week 3: Self Defense Week (Yellow &amp; Up Safety Gear is Mandatory)            Week 4: Breaking &amp; Power Training Week            Week 5: Review Week</p> <p>♥ All Tigers ages 3-6            ♥ Young Tigers ages 5&amp;6            ♥ Kids Program 7yrs&amp;up            ♥ Teens &amp; Adults 13yrs&amp;up</p>			<p>♥ Arrive at least 5 minutes before class to prepare            ♥ Closed when WCPSS closes - inclement weather            ♥ Notify the office if missing more than 2 weeks            ♥ Yellow Belts &amp; Up: Sparring Gear is mandatory            ♥ Belt Advancement: Master's Recommendation            ♥ Private Lessons, Birthday Parties: By Appointment            ♥ High Performance (HP) Team: *By Membership            ♥ Demo Team: *By Membership</p> <p><i>info.kimstkdcenter@gmail.com</i></p>	



[www.kimstkdcenter.com](http://www.kimstkdcenter.com)

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